



# **GLUTEN FREE**

**EAT WELL, SMILE OFTEN**

**OUR MISSION IS TO SHOW YOU A NEW WAY TO  
APPROACH GLUTEN FREE LIVING. DON'T WASTE  
ANOTHER BITE ON BLAND, CRUMBLY, AND  
TASTELESS FOOD. THAT'S WHY WE CREATE  
DELICIOUS GLUTEN FREE FOOD TO HELP PUT A SMILE  
ON YOUR FACE**

# **DINNER MENU**

*We Offer for You and your Family's Health a Gluten free Menu*

*Most items on the regular menu can be made gluten free*

*(Ask Manager for further information)*

**Antipasto**

**Mussels alla Contadina**

Steamed mussels sautéed with garlic & oil or marinara sauce 12

**Caprese salad**

Fresh mozzarella and fresh tomatoes garnished with roasted peppers, grilled zucchini, grilled eggplant, and calamata olives with olive oil and balsamic vinaigrette on the side 10

**Misto Italiano**

A mixed cold antipasto plate of prosciutto, sharp provolone, roasted peppers, calamata olives, artichoke hearts, grilled eggplant and grilled zucchini 12

**Deena House Salad**

Spring mix, slivered apples, feta cheese and walnuts over romaine lettuce topped with grilled chicken and served with olive oil and balsamic vinaigrette on side 12

**Gluten Free Bread 1.40**

# Entrees

All Entrees served with house salad with choice of olive oil & vinegar or Blue Cheese

All Entrees come with choice of gluten free pasta or vegetable & baked potato

## **Chicken Parmigiana**

Grilled or breaded chicken breast topped with tomato sauce and melted mozzarella 18

## **Chicken Santa Lucia**

Grilled breast sautéed with roasted peppers, broccoli rabe and sundried tomatoes in a marinara sauce 21

## **Chicken Florentine**

Sautéed chicken breast topped with spinach and mozzarella cheese, served on top of sautéed mushrooms in a white wine sauce 20

## **Chicken Siciliano**

Grilled chicken breast with artichoke hearts, olives and mushrooms in a garlic white wine sauce 20

## **Grilled Filet Mignon**

Two (4 oz ) pieces grilled and served with baked potato and vegetables or pasta 28

## **Grilled Salmon**

Grilled salmon served with baked potato and vegetables or pasta 25

## **Barramundi**

Australian sea bass baked and served with baked potato and vegetables or pasta 27

## **Crab Cake**

Two Jumbo lump crab cakes, baked & served with vegetables and baked potato or pasta 27

# Pasta

## **Fusilli Pasta**

Choice of sauce; pink cream sauce or alfredo or marinara sauce. 17

With chicken 19

With shrimp 20

## **Fusilli Primavera**

Sautéed with mushrooms, zucchini, carrots, broccoli,

artichokes,

roasted peppers,

asparagus, garlic & oil

served with fusilli 18

# Pizza

## **Pizza Margherita (12 inches)**

Traditional pie, tomato sauce, mozzarella, olive oil and basil 13

## **Pizza Stagione**

A unique pizza divided into quarters and topped individually with mushrooms, artichokes, spinach and red peppers 15